

EXCELLENCE IN AGING CARE

ABOUT Face

CHANGING
THE CHARACTER
OF CARE

LONG TERM CARE FORUM
SEPTEMBER 9, 2009
FREDERICTON INN

EXCELLENCE IN AGING CARE SYMPOSIUM
SEPTEMBER 10 & 11, 2009
ÉCOLE STE-ANNE



SYMPOSIUM PARTNERS



St. Thomas University



The New Brunswick
Association of
Nursing Homes Inc.



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Welcome to the Second Annual Symposium on Aging! The idea of a high-level symposium was developed through some informal discussion involving some York Manor staff, colleagues from St. Thomas University Department of Gerontology, faculty, and Dean from the UNB Faculty of Nursing. We were thinking about the challenges that we all face in our respective areas of influence, and felt that the academic world and the world of hands-on practice in Aging Care were far too separate and needed to come together.

The rest is history. From that informal chat came an enormously successful symposium in 2008 that was over-sold two weeks prior to the event! Unlike many such events, the response from each and every participant and sponsor was excellent with not one complaint. Our minds were challenged as we came together and heard from those who work on the leading edge in our field. Our spirits were lifted as we engaged with colleagues in discussion of how best to serve the aging population; we were truly focused on our main mission for two days.

So, this year we bring an even broader array of speakers and topics. In addition to a high-class Symposium on Thursday and Friday, we have added a full day on Wednesday filled with seminars and talks on a wide variety of relevant topics. Fredericton Mayor Brad Woodside will be on hand to help raise the visibility of aging care in New Brunswick. In total, it all adds up to a great "buffet for those interested in Aging Care"! So come, bring colleagues, make it a priority, you will not be disappointed!

Ken McGeorge, B.S., D.H.A., C.H.E.
Executive Director, York Care Centre

Dinner with the Experts

For informal conversation with the experts and the best dining experience, register for any of three superb meals. Choose from Fresh Atlantic Lobster, Grade A Prime Rib Steak, or a succulent Vegetarian dish, with all the fixin's. Tickets \$45 each.

Registration Fees

Long Term Care Forum - Wednesday: \$99 per person (Early-bird), \$129 after Aug. 21 deadline, Student Rate - \$25

Symposium - Thursday & Friday: \$199 per person (Early-bird), \$229 after Aug. 21 deadline, Student Rate - \$75

Dinner with the Experts - \$45 per person

Bookstore

Don't miss our bookstore! UNB will have a generous supply of books authored by our speakers, as well as others pertinent to our symposium interests. The bookstore was a huge success last year. With the expanded list of speakers, it is sure to offer something for everyone.

Accreditation

These sessions will qualify for continuing educational credits with various professional associations/colleges. Check with your association/college for details.

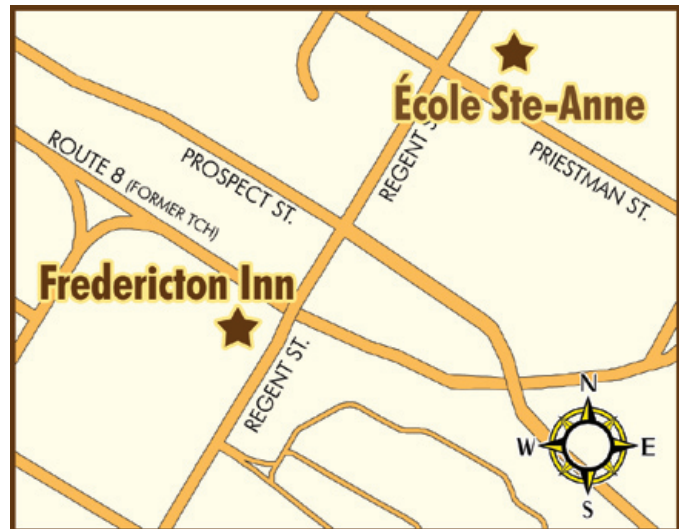
Premiere Sponsors



Locations

The Long Term Care Forum on Wednesday, Sept. 9, will be held at the Fredericton Inn, 1315 Regent St.

The Excellence in Aging Care Symposium on Thursday and Friday, Sept. 10-11, will be held at École Ste-Anne, 715 Priestman St., Fredericton.



Symposium Planning Committee:

- Dannie Brown, D.B.A., Executive Director, York Foundation
- Barbara Burnett, Director, Nursing Home Services Branch, Dept. of Social Development, Government of New Brunswick
- Dolores Furlong, Ph.D., Professor, Faculty of Nursing, University of New Brunswick
- Jodi Hall, L.P.N., B.Ed., M.H.S., Administrator/CEO, Orchard View Long Term Care
- Corinne Hersey, B.A., M.Ed. Professor, Department of Sociology, St. Thomas University
- Jana Jones, B.A., Activity Director, Therapeutic Activity Program, York Care Center
- Ronald LeBlanc, B.Comm., Director of Finance, York Care Center
- Diane Leger, R.N., B.N., Executive Director, Dalhousie Nursing Home Inc.
- Ken McGeorge, B.S., D.H.A., C.H.E., Executive Director, York Care Center
- Daphne Noonan, B.A., M.Ed., Manager, Therapeutic Activity Program, York Care Center
- Bill Randall, Ed.D., Associate Professor, Department of Gerontology, St. Thomas University
- Cheyanne Wyers, B.N., M.Sc., Clinical Instructor, Faculty of Nursing, University of New Brunswick
- Doug Wilson, R.N., B.N., Clinical Coordinator, York Care Centre

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Program - Long Term Care Forum:

A series of workshops concerning a variety of hands-on practical topics pertinent to all care-givers.

Wednesday, September 9, 2009, Fredericton Inn, 1315 Regent St.

WEDNESDAY, SEPTEMBER 9TH		
7:30 - 9:00 AM	Registration, coffee, mix & mingle	
8:45 - 9:00 AM	Forum Welcome: Mayor Brad Woodside Moderator: Mr. Roger Hebert, Executive Director, Villa du Repos and Villa Providence, Moncton, NB Greetings: Mr. James Hughes, Deputy Minister, Department of Social Development	
9:00 - 10:15 AM	Opening Keynote Speaker Pam Jarrett, M.D., F.R.C.P.C. Clinical Dept. Head, Geriatric Medicine Associate	The Challenges and Opportunities of Geriatric Care Dr. Jarrett will review some of the current trends and challenges we face in providing care to our aging population as it occurs at home, acute care, and in the long term care settings. As we strive to provide that care, we need to consider current opportunities.
10:15 - 10:45 AM	Refreshment Break: visit poster presentations and exhibits	
10:45 - 12:00 PM	Break-out Concurrent Sessions:	
1.	Nancy White, M.B.A. Manager, Home and Continuing Care Development, C.I.H.I.	The Power of Information to Inspire Quality. This presentation will showcase a unique collaboration aimed at supporting quality improvement in long term care. CIHI and interRAI, an international research organization, are working with eight Canadian jurisdictions to implement a standardized resident assessment. Examples from across the country will illustrate the benefits of this partnership for residents and their families, care providers, managers and policy-makers.
2.	G.C. (Joe) Ruggeri, Ph.D. Professor of Economics University of New Brunswick	Political Power of Seniors. An expert on government budgeting, health care spending and fiscal sustainability in New Brunswick, Dr. Ruggeri will deliver an interesting and timely presentation on the implications and fiscal dimensions of an aging population, the need for a change of mind-set, and the raising political power of seniors.
3.	Robert Stevenson, M.D. C.C.F.P., F.R.C.P.C. Cardiologist Canadian Olympian	Current Issues in Heart Health. In an era where the focus is upon new and complicated diagnostic therapeutic regimens, we find that a consideration of the most basic fundamentals of heart health may be of the greatest value. Dr. Stevenson will draw upon his training as an athlete, a family physician and a cardiologist to deliver a message designed to influence the future heart health of New Brunswickers.
4.	Beth McCann, Ph.D., C.C.C.-slp, S.L.P.® Speech Language Pathologist, NB Extra Mural Program Lynn MacNeil, R.D./Dt.P. Dietary Consultant, Nursing Home Services	The Dining Experience. In the long term care setting, dining is one of the resident's main activities. Some residents may develop difficulty eating and drinking foods and liquids of regular consistency. Menus may need to be adapted for texture; staff may need to understand how to further the swallowing process; and may need further education on creating an optimal dining atmosphere for those who struggle with this basic function.
5.	Michelle Bourgoin, B.Ed., M.H.A. Directrice du Mieux-être Ministère du Mieux-être, de la Culture et du Sport *This session will be presented in French.	Live Well, Be Well. This is the second generation of the Wellness Strategy. The enhanced Wellness Strategy is intended to accelerate progress on wellness within New Brunswick. It focuses on wellness pillars related to healthy lifestyles: healthy eating, physical activity and tobacco-free living. This presentation will also focus on the fact that rates of chronic diseases (such as diabetes, cancer, heart disease and high blood pressure) continue to rise every year and are generally higher in New Brunswick than the Canadian average. The presentation will also showcase existing best practices in several NB communities who have demonstrated great improvement in both individual community health and well-being particularly for senior.
12:00 - 1:00 PM	Lunch, poster presentations and exhibits	
1:00 - 2:30 PM	Sylvia Davidson, M.Sc., B.Sc., Dip.Ger., O.T. Reg.(Ont.) Advanced Practice Leader – Geriatrics; Toronto Rehab Institute – University Centre	Living U-First! Understanding that all behaviour has meaning and looking at this behaviour through the lens of P.I.E.C.E.S. is resulting in an increase in both staff and resident safety. This session will provide participants with the opportunity to hear about change in practice as a result of U-First! as well as share their own successes and challenges "Living U-First!". It will be highly relevant for care givers at all levels of the long-term care facility.
2:30 - 3:00 PM	Refreshment Break: visit poster presentations and exhibits	

3:00 - 4:30 PM		Break-out Concurrent Sessions
1.	<p>Patrick Feltmate, M.D. Geriatrician</p> <p>Acholia Theriault, R.N., B.N., G.N.C. © Geriatric Outpatient Clinic Coordinator; Healthy Aging and Rehabilitation Program</p>	<p>Healthy Aging: Our goals, expectations, referral process, who our community partners are and education for seniors. This session will explore some of the most efficient methods of delivering appropriate services to our seniors.</p>
2.	<p>Ryan Hamilton, B.A., M.S.E.S., Ph.D. ABD</p>	<p>Achieving your Personal Best; Applying Sport Psychology Principals to the Workplace. This presentation will highlight motivational strategies applied by athletes for getting the most out of every performance - every day. Participants will be challenged to think about their personal approach to their jobs and lives and how close they are to being their best. Anecdotes and practical strategies will be shared with participants in a lighthearted environment to promote learning, self-reflection and skill development.</p>
3.	<p>Annette Poirier Développement des affaires et marketing / Business Development and Marketing; Éducation permanente / Continuing Education Université de Moncton</p> <p>*This session will be presented in French.</p>	<p>Session d'information; programmes/cours crédités et activités de perfectionnement professionnel. Madame Poirier présentera les nombreux programmes disponibles pour les employés œuvrant en milieu des foyers de soin. Elle parlera principalement des formations créditées et des activités de perfectionnement professionnel offertes à temps partiel par les trois campus de l'Université de Moncton.</p>
4.	<p>Gary Kenyon, Ph.D. Professor and Founding Chair of Gerontology, St. Thomas University</p> <p>Bill Randall, Ed.D. Professor, Dept. of Gerontology, St. Thomas University</p> <p>Daphne Noonan, M.A. M.Ed. Manager of Therapeutic Recreation and Narrative Program Co-Chair, York Care Center</p> <p>Jana Jones, B.A. Activity Director York Manor Nursing Home</p>	<p>The Healing Power of Narrative Care. In this interactive session, participants will be introduced to and invited to 'try on' a Narrative Perspective on aging. By a range of means, a brief lecture on key concepts, experiential exercises and open discussion, participants will learn of the powerful 'Ripple Effect' that can take shape when an individual or an organization begins to acquire a Narrative approach to care. The session will also include an overview of a successful Narrative Program at York Care Center in Fredericton, [an example of a completed resident biography] along with many anecdotes to illustrate the program's effects.</p>



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Program - Symposium on Excellence in Aging Care

September 10-11, 2009, École Ste-Anne, 715 Priestman St., Fredericton

THURSDAY, SEPTEMBER 10TH		
7:30 - 8:30 AM	Registration	
8:30 - 8:45 AM	Symposium Opening: Dr. Bill Randall, Professor, Department of Gerontology, St. Thomas University Hon. Mary Schryer, Minister of Social Development	
8:45 - 10:00 AM	Opening Keynote Speaker: William E. Reichman, M.D., President and C.E.O. of Baycrest; Professor of Psychiatry, University of Toronto	Brain Health Across the Lifespan. Dr. Reichman, a world class leader in Healthy Aging, Brain Fitness, and Alzheimer's Disease will discuss the latest developments in Brain Fitness. Those who attended the 2008 Symposium will recall a very challenging presentation on Brain Fitness and Aging. Dr. Reichman will continue some of the themes that he initiated with us in 2008.
10:00 - 10:30 AM	Refreshment Break: visit poster presentations and exhibits Food set up in three areas: Gallery directly outside theatre, room to left of gallery and hallway.	
10:30 - 12:00 PM	Jayne Harvey, R.N. C.E.O. FCS International	Managing Real Care Issues. Jayne Harvey, an experienced long term care nurse, will use humour to communicate the challenges of and skills needed to give leadership to staff in long term care settings in this time of great change. Her communication style enables her serious message of leadership for nursing personnel to come across clearly and succinctly.
12:00 - 1:00 PM	Lunch, visit poster presentations and exhibits	
1:00 - 2:15 PM	Rose McCloskey, R.N., Ph.D. Professor of Nursing University of New Brunswick, Saint John	Dr. McCloskey presents her research findings on "transferring residents between a nursing home and an emergency room". Dr. McCloskey will highlight specific points along the continuum of care where errors and omissions can and do occur. Recommendations intended to enhance residents' transitional experiences and improve efficiency and effectiveness of our health and social systems will be presented.
2:15 - 2:45 PM	Refreshment Break: visit poster presentations and exhibits	
2:45 - 4:00 PM	Phillip G Clark, Sc.D. Director, URI Program in Gerontology Director, Rhode Island Geriatric Education Center	The role of stories in working with older adults; Issues and innovations in narrative care. With research interests spanning health promotion with older adults, interprofessional education, ethical issues in geriatric care, comparative geriatric health care policy, aging and disability, and narrative gerontology, Dr. Clark will explore the potential and power of personal stories in caring for older adults.
6:00 PM	Networking with Colleagues and Faculty	
6:30 PM	Dinner with the Experts	
FRIDAY, SEPTEMBER 11TH		
8:30 - 8:45 AM	Opening day 2	
8:45 - 10:00 AM	Maimonides Geriatric Center	Barbra Gold, M.H.A., Executive Director; Lucie Tremblay, N.B.Sc., M.Sc., Adm.A., C.H.E., Director of Nursing & Clinical Services; Karen Flam, Foundation Director; Leonard Lewkowick, B.A., G.M.D., M.B.A., President of the Board The Planetree Journey: The path to excellence through resident centered care. How we got started, what we are doing and where will we go? (This will be a great lesson in quality improvement).
10:00 - 10:30 AM	Refreshment Break: visit poster presentations and exhibits	
10:30 - 12:00 PM	Continuing with Maimonides: Quality Improvement, Fundraising, Governing for Excellence	
12:00 - 1:00 PM	Lunch, visit poster presentations and exhibits	
1:00 - 2:00 PM	Shirley Mullen, Ph.D. President, Houghton College	What Leaders do to Assure Excellence. Dr. Mullen will help us understand the role of the CEO in an environment where the board is truly committed to developing and sustaining excellence over the long run. Leadership in an environment committed to excellence requires some unique skills, values, and vision and this is what is now required in long term care at all levels of management.
2:00 - 3:00 PM	Paul Heilpern, M.D. Geriatrician Assistant Professor McGill University	Excellence and Rationality in Health Care of the Elderly. Dr. Heilpern will question the usefulness of tight BP control, tight diabetes control, the value of flu and pneumovax and the utility of cholinesterase inhibitors. He will also discuss geriatric programs to work with the elderly in ER and LTC patients in hospitals; in short, he will challenge our thinking!
3:00 - 3:15 PM	Symposium summary: Ken McGeorge, B.S., D.H.A., C.H.E. / Andy Scott, Andrews Senior Fellow, Social Policy, Department of Sociology, UNB	
3:15 - 3:30 PM	Symposium comment sheets	
3:30 - 3:45 PM	Door prize draws	
3:45 PM	Post-symposium conversation	

Registration Form

SEND COMPLETED FORM TO:
 Registrations
 c/o MERIT Events and Productions Inc.
 P.O. Box 1243, Fredericton, NB E3B 5C8

REGISTER ONLINE AT:
www.yorkmanor.nb.ca/SYMPOSIUM

EMAIL: agingcaresymposium@rogers.com

TELEPHONE: (506) 455-1271

Name _____

Organization _____

Address _____

City _____ Province _____ Postal Code _____

Telephone _____ Email _____

Wednesday, Sept. 9, Long Term Care Forum - Concurrent Sessions

Choose two from each block (please number in order of preference)

Block 1 10:45 - 12:00 PM	<input type="checkbox"/> The Power of Information to Inspire Quality Nancy White, M.B.A.
	<input type="checkbox"/> Political Power of Seniors Joe Ruggeri, Ph.D.
	<input type="checkbox"/> Current Issues in Heart Health Robert Stevenson, M.D.
	<input type="checkbox"/> The Dining Experience Beth McCann, Ph.D., C.C.C.-slp, S.L.P.© and Lynn MacNeil, R.D./Dt.P.
	<input type="checkbox"/> Live Well, Be Well Michelle Bourgoin, B.Ed., M.H.A. *presented in French

Block 2 3:00 - 4:30 PM	<input type="checkbox"/> Healthy Aging: Our Goals, Expectations, Referral Process; Who Community Partners Are; & Education for Seniors Patrick Felmate M.D. & Aholia Theriault, R.N., B.N., G.N.C.©
	<input type="checkbox"/> Achieving Your Personal Best; Applying Sport Psychology Principals to the Workplace Ryan Hamilton, B.A., M.S.E.S., Ph.D.
	<input type="checkbox"/> Programmes/cours crédités et activités de perfectionnement professionnel Annette Poirier *presented in French
	<input type="checkbox"/> The Healing Power of Narrative Care Gary Kenyon, Ph.D., Bill Randall, Ed.D., Daphne Noonan, M.A., & Jana Jones, B.A.

Payment Method

Cheque enclosed (Please make payable to York Foundation Inc.)

VISA/MC # _____

Name on Card _____ Expiry Date _____

Cardholder Signature _____

PLEASE INDICATE WHICH EVENTS YOU WILL BE ATTENDING	BEFORE AUG. 21, 2009	AFTER AUG. 21, 2009	STUDENT RATES
<input type="checkbox"/> Long Term Care Forum (Wednesday)	\$99	\$129	\$25
<input type="checkbox"/> Symposium on Excellence in Aging Care (Thursday & Friday)	\$199	\$229	\$75
<input type="checkbox"/> Dinner with the Experts	\$45	\$45	\$45
TOTAL			

If attending Dinner with the Experts, please indicate meal choice:

Lobster

Steak

Vegetarian

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