

The Veterans Health Unit
and NICHE present

Embracing Dementia Care: The Need to Connect

May 6—7, 2010

8:00 - 4:30

Fredericton Inn

Fredericton, NB

**This workshop will provide tools to identify and manage
challenging behaviors associated with dementia.**



**For further information and registration forms,
check your zone's intranet site.**

Questions?

Contact Beth Harris at beth.harris@HorizonNB.ca

Course Presenter:

Sue Fitzsimmons, MS, GNP

Ms. Fitzsimmons is a geriatric nurse practitioner with a MS in Gerontological Nursing from Binghamton University, New York and a Certificate in Recreation

Therapy from Florida Gulf Coast University. She currently is an adjunct instructor and clinical director of the Early Stage Memory Loss therapeutic community program at the University of North Carolina Greensboro.

Ms. Fitzsimmons is also project director of a delirium grant project.

She has written and co-authored over fifty books, journal articles, and other publications related to the aging process and dementia. She has provided many presentations across North America on evidence-based dementia care.

CONFIRMATION OF YOUR REGISTRATION WILL BE SENT VIA E-MAIL

Registration Form

Course Fees

- Day 1 only \$125
- Day 2 only \$125
- Both Days \$200
- Student - Day 1 \$50
- Student - Day 2 \$50
- Employees of Horizon Health Network—
registration fees have been prearranged

Total: _____

(Registration form required for all registrants)

Name/Professional Designation

Facility

Address

Phone/e-mail

- Method of Payment
- Cheque
 - Money Order

**Make cheque payable to:
Veteran's Health Unit.**

Mail to: Shawn Stubbert
Veteran's Health Unit
680 Priestman St.
Fredericton, NB E3B 3B7
(506) 452-5034

Fax: (506) 452-5189 Attn: Shawn Stubbert
Registration deadline: April 9, 2010. No refunds will be given after this deadline or for no shows on the program day. An alternate from your organization will be accepted under the original registration. An administration fee of \$50 will apply to ALL refunds.

Course Offered in English Only

*Embracing
Dementia
Care—the
Need to
Connect*

**May 6 - 7, 2010
Fredericton Inn,
Fredericton, NB**

Hosted by: **Veteran's
Health Unit,
Fredericton** and

NICHE
NURSES IMPROVING CARE
FOR HEALTHSYSTEM ELDERES

Course Description

Do your clients exhibit signs of depression, wandering, physical aggression, verbal and non-verbal aggression to name a few? Is your team looking for ways to manage behaviors presented by your elderly clients in various stages of dementia?

This workshop looks at providing you with tools with which to identify and manage these types of behaviors. As well, it introduces the **N.E.S.T.** program, which is an evidence based approach to non-pharmacological methods of managing challenging behaviors. **N.E.S.T.** stands for: **Needs** of the individual **Environment** of the person in distress **Appropriate levels of Stimulation** and rest **Techniques** and approaches used by care providers.

Join us for this two day conference on proven interventions to help you better work with the dementia clients in your care.

Course Location

Fredericton Inn, 1315 Regent St.

Fredericton, NB

Accommodations can be made by contacting the Inn at (506) 455-1430
or
at www.frederictoninn.nb.ca

Target Audience– Healthcare professionals and staff working with dementia clients

This conference compliments the P.I.E.C.E.S. program and the U First Program

Program Objectives

By the end of this workshop participants will :

- Identify and target interventions for older adults who are at risk for disability and complications caused by immobility.
- Describe ways of improving brain function through everyday activities.
- Use the N.E.S.T. approach to deliver sensitive interdisciplinary behavioral care.

Program :Thursday, May 6,2010

- 8:00– 8:30** Registration
- 8:30-9:30** Depression Management
- 9:30-10:30** Preventing Functional Decline
- 10:30-10:45** Nutritional Break (provided)
- 10:45– 12:15** Enriching Lives
- 12:15– 1:15** Lunch (on your own)

Program: Thursday, May 6, 2010 continued

1:15 - 2:15 Staff or Team Members (are you a team player?)

2:15– 2:30 Stretch break

2:30-4:00 Brain Fitness

4:00-4:30 Wrap up/evaluation

Program: Friday, May 7, 2010

7:45– 8:15 Registration

8:15– 10:15 N.E.S.T. Program

10:15-10:30 Nutritional Break (provided)

10:30 - 12:30 N.E.S.T. Program continued

12:30 - 1:30 Lunch (on your own)

1:30-3:00 Managing Behaviors

3:00-3:15 Stretch break

3:15-4:15 Simple Pleasures

4:15– 4:30 Wrap up/evaluation

For further information please contact Shawn Stubbart,
Veteran's Health Unit
(506) 452-5034